

Today < > August 2020

Week | Month | Year ...

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
			Running - 13.32 mi 1:25:39	Running - 13.40 mi 1:43:14	Running - 13.68 mi 1:38:31	Running - 13.20 mi 1:33:46
			Running - 13.16 mi 1:32:11	Running - 13.85 mi 1:34:14	Running - 13.12 mi 1:46:18	Running - 13.26 mi 1:44:59
			Running - 13.71 mi 1:35:26	Running - 14.02 mi 1:32:23	Running - 13.44 mi 1:40:47	Running - 14.35 mi 1:43:29
						Running - 14.52 mi 1:42:25
3	4	5	6	7	8	9
Running - 14.29 mi 1:49:44	Running - 13.93 mi 1:59:58	Running - 13.34 mi 2:13:18	Running - 13.14 mi 1:49:35	Running - 13.12 mi 1:58:35	Running - 13.11 mi 1:57:10	Running - 13.14 mi 2:13:20
Running - 13.33 mi 1:42:18	Running - 13.13 mi 1:39:47	Running - 13.54 mi 1:38:25	Running - 13.12 mi 1:35:38	Running - 13.11 mi 1:46:25	Running - 13.25 mi 1:49:30	Running - 13.12 mi 1:54:15
Running - 13.13 mi 1:35:42	Running - 13.27 mi 1:39:57	Running - 13.36 mi 2:01:34	Running - 13.20 mi 1:42:35	Running - 13.17 mi 1:38:20	Running - 13.12 mi 1:33:40	Running - 13.11 mi 1:48:25
				Running - 13.15 mi 1:32:20	Running - 13.15 mi 1:38:20	Running - 13.11 mi 1:49:30
10	11	12	13	14	15	16
Running - 13.14 mi 1:43:25	Running - 13.12 mi 2:35:23	Running - 13.12 mi 1:39:25	Running - 13.12 mi 1:52:36	Running - 13.14 mi 1:51:35	Running - 13.11 mi 2:36:00	Running - 13.11 mi 1:43:25
Running - 13.11 mi 1:35:20	Running - 13.11 mi 2:15:30	Running - 13.13 mi 1:37:23	Running - 13.11 mi 1:47:30	Running - 13.11 mi 1:47:32	Running - 13.15 mi 2:37:20	Running - 13.11 mi 1:49:35
Running - 13.12 mi 1:39:45		Running - 13.12 mi 1:39:25	Running - 13.14 mi 1:42:19	Running - 13.11 mi 1:38:23	Running - 13.12 mi 2:24:26	Running - 13.12 mi 1:47:00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
17	18	19	20	21	22	23
Running - 13.11 mi 1:56:00	Running - 13.11 mi 2:23:10	Running - 13.11 mi 1:52:40	Running - 13.12 mi 2:03:47	Running - 13.12 mi 2:19:42	Running - 13.11 mi 1:37:32	
Running - 13.12 mi 1:46:00	Running - 13.12 mi 2:08:35	Running - 13.12 mi 1:46:50	Running - 13.12 mi 1:52:45	Running - 13.11 mi 2:24:18		
Running - 13.10 mi 1:48:20	Running - 13.12 mi 2:03:20	Rnning - 13.11 mi 1:48:35	Running - 13.13 mi 1:56:43	Running - 13.12 mi 2:17:37		
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Month Totals All Activities

Activities: 67 **Distance:** 886.27 mi **Time:** 125:27:45 **Calories:** 80,244 C

Weekly Totals

[Help \(/en-US/help\)](#)
 [Status \(/en-US/status\)](#)
 [Facebook \(https://www.facebook.com/garminfit\)](https://www.facebook.com/garminfit)
 [Instagram \(https://www.instagram.com/garminfitness/\)](https://www.instagram.com/garminfitness/)
[Twitter \(https://twitter.com/GarminFitness\)](https://twitter.com/GarminFitness)
 [Statement of Privacy \(https://www.garmin.com/en-US/privacy/connect/\)](https://www.garmin.com/en-US/privacy/connect/)
[Terms of Use \(http://www.garmin.com/terms\)](http://www.garmin.com/terms)
 [Security \(https://www.garmin.com/en-US/legal/security\)](https://www.garmin.com/en-US/legal/security)
 Connect is powered by Garmin (<http://www.garmin.com>) • Copyright © 1996-2020 Garmin Ltd. or its subsidiaries • Version: 4.34.0.10, 20.16.7.0

[Activity Tracking Accuracy \(http://www.garmin.com/en-US/legal/atdisclaimer\)](http://www.garmin.com/en-US/legal/atdisclaimer)